

## Networking to enhance First Australian health in Victoria

### e-NEWS FOR MEMBERS August 2015

Save the Dates

#### **WEENTHUNGA NEWS and EVENTS**

##### **Dates for the Diary**

All members will be warmly invited to attend the following events. Please mark them in your diaries, and further information will be provided nearer the time.

Thursday 10th September, 5:30pm: Weenthunga Members Network Meeting—The Role of the Aboriginal Liaison Officer in Hospitals.

Thursday 19th November, 5:30pm: Weenthunga Health Network Annual General Meeting.

#### **OTHER EVENTS**

##### **Richard Trudgen is coming to Melbourne for 2 key events.**

Finalist for NT Senior Australian of the Year 2015, Richard has been living and working with the Yolju peoples of Northeast Arnhem Land for the last 40 years. He has dedicated his life to supporting Indigenous communities achieve self-determination as well as improve mainstream engagement with Indigenous Australia. For the last 20 years, Richard has transformed audiences across Australia through his highly acclaimed Bridging The Gap seminars, and his book *Why Warriors Lie Down And Die*, now in its 9<sup>th</sup> reprint, has been a foundational text for thousands working at the coalface with Indigenous communities in Australia and around the world.



##### Where to from here? Getting it right for Aboriginal Australia.

**Monday 17th August— 6:30 to 8:30pm; CERES Community Environment Park, East Brunswick**

Discover practical answers to the hard questions:

“Why are health, education and employment outcomes in Indigenous communities still so poor?”

“Why are Government programs not working?”

“How can remote Aboriginal communities remain viable?”

“How can I improve my work with and for Aboriginal people?”

Cost: \$30 / \$20. Follow [this link to register](#).

##### Aboriginal and Asian Cultures: More ‘same same’ than different.

**Wednesday 19th August— 2 to 5pm ; PWC Southbank.**

Aboriginal and Asian cultures have much in common and it is not unusual for people from both cultural backgrounds to be unhappily challenged by what is expected of them in a largely Anglo-Australian corporate culture. A free innovative seminar, hosted by PricewaterhouseCoopers, presented by cross-cultural experts Richard Trudgen, Patti McCarthy & Ken Woo. Follow this [link to register](#).

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#### **OPPORTUNITIES**

##### **Clinical Nurse Consultant Chronic Disease - Aboriginal Health (identified role)**

Eastern Health is currently advertising a great opportunity for an **Aboriginal and/or Torres Strait Islander registered nurse with experience in chronic disease** to contribute to positive health outcomes for community in the Eastern metropolitan region. Applications close 23 August 2015. For further information and to apply for the role, please go to the [Eastern Health careers website](#)

##### **Aboriginal Administrative Support Officer (HS1)**

Mercy Hospital for Women (Heidelberg) is seeking a skilled, dynamic and motivated individual to work within our Aboriginal Programs team. The position is permanent part time 2-4 days per week negotiable. Aboriginal and Torres Strait Islander people are strongly encouraged to apply. Applications close Friday 28th August 2015. For further information and to apply for the role, please go to the [Mercy Health employer of choice website](#) or contact Marika Jackomos, Manager Aboriginal Programs 8458 4398 or [mjackomos@mercy.com.au](mailto:mjackomos@mercy.com.au)

#### **OTHER**

##### **The Victorian Aboriginal Health Service Wellbeing and Health Gym—fundraiser.**

The Victorian Aboriginal Health Service Wellbeing and Health Gym operates in Preston and provides one on one personal training and group classes to the most vulnerable members of the Aboriginal Community. In combination with Drug and Alcohol counsellors, Psychiatrists, Family Therapists and doctors we work together to provide holistic health care. The Community believes in the gym and so do the staff at the Health Service, the challenge is funding this program and the personal trainer into the future. One of the Counsellors at the Health Service is walking approximately 900km on the El Camino Track to raise \$100k which will keep the Aboriginal Health Service Wellbeing and Health Gym providing services for two years. If you would like to donate please follow this link to [VAHS fundraising page](#).

*And one more REMINDER*

##### **Weenthunga is looking to grow our membership!**

Just reminding members of the challenge we have laid down for you! **How many NEW members can YOU recruit to help make this fabric of support stronger?** Weenthunga's plans for 2016 are being formulated and will include more focus on our membership—facilitating improved networking both online and in person. We will provide the opportunities—can you provide the members?

Steff, our Health & Education Consultant has asked everyone to "Yarn up Big Time!! It's a way to bring more people into our wonderful Weenthunga family. So who can put the word out there and bring us new members?"

Prizes will be awarded at the next Members Meeting (September 10th) to the member/s who have facilitated the most number of new members joining the network. Ask your friends and colleagues to jump on line at [www.weenthunga.com.au](http://www.weenthunga.com.au), and go to "[Get involved , Join us](#)" making it a key step towards improving Indigenous Health in Victoria.

Enquiries to [tracy@weenthunga.com.au](mailto:tracy@weenthunga.com.au)